

5 THINGS THAT I LIKE ABOUT MYSELF...

1) _____

2) _____

3) _____

4) _____

5) _____



Children develop a personal sense of self-worth and self-esteem. Children who believe they have self-worth go on to treat themselves and others positively. Children with positive self-worth tend to make better grades in school, do not get discouraged easily, and have more productive lives overall.