

Name _____

GROWTH Mindset!

What can you tell yourself?

FIXED MINDSET

GROWTH MINDSET

1. I can't do this.	
2. I give up.	
3. My work isn't good enough.	
4. This is too hard.	
5. My plan didn't work.	
6. My friend can do it, but I can't.	
7. Math is too hard.	
8. I'm not a good reader.	
9. It's good enough.	
10. I'm awesome at this!	
11. The answer is fine the way it is.	
12. This is not a strength of mine.	
13. I just don't get it.	
14. She's so smart.	
15. This is too challenging.	